



The CUPERTINO TENNIS CLUB Newsletter

# **MY SPIN ON THINGS** by BOB MCCORD, PRESIDENT

Gung Hay Fat Choy! Happy Chinese New Year. This is the Year of the Rat and according to Wikipedia "Rats are leaders, pioneers, and conquerors. They are charming, charismatic, practical, and hardworking. Rat people are endowed with great leadership skills and are the most highly organized, meticulous, and systematic – intelligent and cunning at the same time". Wow, if you are a Rat you should captain a USTA team! (grin) We can find a mentor for you if you are feeling uncertain about giving it a try. Contact the Club's USTA Coordinator if you want more information. Please address your

#### email to

USTA@Cupertinotennisclub.org. Club membership continues to climb and if interest in the USTA teams stays as high as it is now, we will need some new captains.

Team registrations for the Adult and Super Senior 65 Leagues are now over. For Adult league play, CTC is offering 17 teams! There are 8 men's teams again this year and there are 9 women's teams, 4 more than last year. There are also 3 Super Senior teams, 1 more than last year. There should be enough opportunity for anyone who wants to play. To find the list of 2008 CTC teams on the web, use the web site address listed below. Click on the team you are interested in to send an email to the captain to ask about the team. Play starts in mid-March.

January wasn't the best month in terms of good days for playing tennis. Sometimes the dampness made me feel a bit moldy but surely better (weather) days are ahead. January did bring us the CSC Open House however, and I hope you were able to renew your membership. The \$299 special was a great deal and the free caps and T-shirts were a nice bonus. Thanks, CSC! -continued on page 2-

Norcal website listing the 2008 CTC USTA Leagues for Spring: http://www.norcal.com/organization.asp?id=113

### **DANA'S TENNIS TIP OF THE MONTH**

#### Learn from the Pro's

by Dana Gill, Director, Lifetime Tennis

Professional tennis players may look amazingly fast, fit and flashy. The truth of the matter is they have mastered the basic fundamentals that allow them to flourish in the world of tennis performance. The SAP Open is coming to town February 18 -24<sup>th</sup>. Buy some tickets and watch the pro's. Enjoy the matches but take a few minutes to notice their footwork, early preparation, serving rituals, and more. It's some of the best tennis lessons you'll ever get. Page 2 of 4

### My Spin On Things continued from page 1

The 2007 Mixed Doubles social was good fun and many of you asked for more social events. The Club is fortunate to have a Social Chairperson this year, George Bassi, and planning for 2008 events is well under

way. See George Bassi's article below for information about the first social of the year.

One Board position remains open. We still need someone to coordinate a challenge ladder program. There are written procedures and it shouldn't require a lot of your time. If you enjoy ladder play, how about volunteering for this position?

Play well and have fun. *Bob McCord* 

What's so important about Wednesday, February 20<sup>th</sup> at 3:00PM?

Hint: Who are the best doubles players in the world?

**4.0/3.5 Ladies Interclub News:** Mark your calendars for two new dates. There will be a rain make-up at Almaden Swim & Racquet on Thursday, March 27<sup>th</sup>. Also, a new match had been added for the A1 players at University Club on Monday, April 28<sup>th</sup>. Start times for both matches are 9:30AM. Watch your email for roster information.

## \*\*The CTC Spring Social Is Coming\*\*



**GET READY**!

A letter from the CTC Social Chairman, George Bassi, to all of the Cupertino Tennis Club members:

Starting this year, 2008, the Cupertino Tennis Club is looking forward to hosting several social events. The first **social** will be held in early April and will be offered to Club members at no charge. Looking forward, a small fee will be charged for future socials and/or Club tournament events. The Club will supply courtside snacks and water at each event and prizes will be awarded for future events.

This first event will offer a **Mixed Doubles** format designed to get club members involved in club activities, catch up with old friends and get to know some of the new members. The size of the social (number of teams) will, of course, depend on the number of members signing up for this event. There will be no charge to play in this first social. However, future socials and/or tournament events will incur a small charge.

You MUST have your 2008 Cupertino Tennis club membership dues paid in full to be able to play in these events. Registration will be on a first come, first served basis.

Watch your email for details. Renew your 2008 membership dues. Get ready to play!

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## Featured Tennis Pro's: The Bryan Brothers



Lifetime Tennis Shop will be the **BEST** place to buy **Wilson** products in the country. Compare the prices against the competition and you quickly realize the fantastic savings. The retail theme for all of 2008:

BUY 1 GET 2<sup>nd</sup> item 50% off! Or

BUY 2 GET 1 item FREE!

**The Bryan Brothers** are coming to the Cupertino Sports Center for a court 1 appearance on Wednesday, February 20<sup>th</sup> at 3:00PM. The Stanford All-Americans have finished #1 in the world for the past 5 years. Since 2001, they have won 464 matches and 44 tournaments, including 5 Grand Slam titles. Last year, they won an astounding 11 titles with a match record of 77-9. Last December they helped win America's first Davis Cup title since 1995.

How can you meet them? Simply buy 1 or more tickets to the SAP Open through the Lifetime Tennis office and enjoy the show. The tickets will be sold at face value with no surcharge. *Dana Gill, Director, Lifetime Tennis* 

DAY	DATE	TIME	PRICE
Monday	February 18th	7pm	\$46
Tuesday	February 19th	7pm	\$46
Wednesday	February 20th	7pm	\$46
Thursday	February 21st	9:30am	\$20
Friday	February 22nd	7pm	\$58
Saturday	February 23rd	1pm	\$60

Please visit our Pro-shop for information & pricing!

# Deadline: February 15th 408-777-3169

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# **Circuit Training**

### Senior Trekking & Circuit Training

Join fellow walkers on the treadmills for **group cardio** routines that take participants up and down hills, over mountains, and along flat plains. Personal trainer, Lyja, will be on hand to guide and challenge you, while also explaining aspects of your physical well being such as heart rate, posture, and endurance.

> You can also join our trainer in a fun and interactive group circuit training class! You will learn how to use the fitness equipment effectively, exercises for your target areas, and more!

Participants are encouraged to take both 30-minute classes back to back.

Class is limited to 6 people so sign up today!

These classes are designed for all fitness levels.

Trekking Monday and Thursday 12:50 – 1:20 pm

Circuit Training Monday & Thursday 1:20 – 1:50 pm

CSC members FREE or drop in for \$5.00!

First class starts 2/4/08



Cupertino Sports Center 21111 Stevens Creek Boulevard Cupertino, CA 95014 408.777.3160