

March 1, 2007

Volume 1, Issue 2

Passing Shots

Cupertino Tennis Club Newsletter

Did you know there are 68 ladies participating in CTC interclubs this year?

My Spin On Things by Bob McCord, President

Backspin – a curse if I am playing against it! But in this case, it's just putting a spin on 2006 – one year back.

There may have been a more interesting topic if anyone had made a suggestion but alas.....

Club membership has been pretty steady for the past couple of years. There were 299 CTC members in 2006, a handful more in 2005. Some people come and others go, resulting in a 20-25% member turnover year-to-year. In spite of a steady number of members, participation in

USTA leagues has climbed. Here is a comparison between 2005 and 2006..... continued on page 2.

In The (USTA) Game by Bob Larocca, USTA coordinator

SENIORS

Winter teams that qualified for the playoffs begin their post-season in March. Five of our seven teams qualified, an indication of the overall strength of our over-50 players.

Irwin Horowitz leads his 3.0 team in a first round playoff match at Silver Creek the first

weekend in March. His team led the league most of the way, but a late three - strikes disqualification dropped them into 4th place.

One of our 3.5 men's teams will definitely advance to the District playoffs in Fresno in April. The teams, captained by Fred Tierney and George

Bassi, square off against each other at noon on Saturday, March 3rd. The winner is guaranteed to move on because their league has a wild card.

Ron Lee's 4.0 team hosts AVAC in the first round. The winner ..con't page 3

My Spin On Things continued

Sign up to play on a USTA spring league. Not sure how? Find out on the website: www.cupertinotennisclub.org

League	Number of Teams			
	2005	2006	2006 Local League Playoffs	2006 District Sectional Playoffs
Mixed	7	8	2	
Seniors	5	6	4	1
Adult	13	14	4	
Super Senior 65	2	2	1	
Super Senior 60	1	3	1	1
Fifty Mixed	5	5	1	
Combo	2	5	1	
Totals:	35	43	14	2

Pretty good, eh? Eight more teams in 2006 offered even more opportunity to play. And, overall, one out of three teams qualified for the local league playoffs!

Of course, the Club is about more than USTA. The August tournament was a great success as

The next board meeting: March 8th, 7:00 PM at the CSC.

Why not attend?

Is anyone going to play tennis in China next month? We would love to hear about your adventure when you return!

usual and we're looking forward to another big success this year. Bob Larocca organized a trial run of team tennis at the 3.5 player level that was a big success.

Discussions are in progress for more social events for '07. Watch for the announcements and be sure to join the fun. In addition, last year the Club worked with LifeTime Tennis to introduce tennis in one of Cupertino's elementary schools. This program, called 10K Smiles, is one of the ways CTC is

helping to grow tennis within the community. There will be an interesting article in next month's newsletter explaining 10K Smiles.

A gentle nudge if you haven't renewed your CTC membership for 2007, now's the time. Unlike your Sports Center membership, CTC memberships are for the calendar year – January 1 through December 31. Download a form from the club's website (www.cupertinotennisclub.org) and drop it in the mail.

Play well and have fun, Bob

The Ladies are Serving It Up.....by Dotti Rado

And, do we have a surprise for you! Check out page 4 to see this month's recipe at "The Cook's Corner", featuring a new member of CTC. She is happy to offer Satomi's incredible

SPINACH STRAWBERRY SALAD this month. Many interclub ladies will testify to the amazing taste of this salad. It is a must try!! Thank you, Satomi, for sharing this wonderful salad

with all of CTC. Now it's your turn. Ladies and gentlemen of CTC, send me your favorites or next month will sadly be the last we see of the "cook".



In The (USTA) Game continued

probably gets to play the perennial 4.0 powerhouse from Courtside. Speaking of a powerhouse, Dave Clapper went 8-0 this season for Ron's team.

Not to be outdone by the men, Janet Needman's 3.5 senior ladies team finished in 2nd place and will be hosting Los Gatos on Saturday, March 3rd. Several ladies posted an impressive regular season with Laura Worden going 8-0 and Ellis Wilkens going 9-1.

MIXED

The 7.0 league was so balanced that the top five teams all finished the season with 10-3 records. Two of those teams came from our club. Unfortunately, Bill

Kahng's squad lost out on the tie breaking criteria, so they did not get to advance despite having a very successful season. The 7.0 Mixed team, captained by Carol Nakao and Bob Larocca, did qualify for the playoffs and will be guests of Los Gatos Friday evening at 6:30 on March 9th. Junko Ohoka and Cliff Nishimoto were 4-0 as a team this year. Karl Gong was 4-0 with a variety of partners.

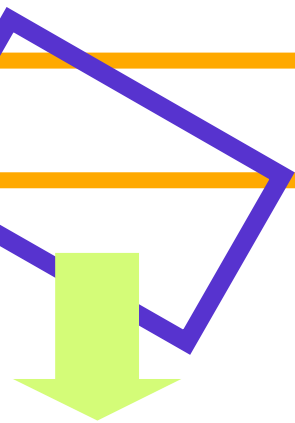
SPRING LEAGUES

Play begins March 19th for the next set of USTA leagues. We will be fielding 15 teams this spring between the Adult and the Super Senior 65 leagues. If you

are still looking to join a team, please contact the captain before registering to make sure there is space on the roster and that your goals match with the team's goals. A handy place to see the list of all the current CTC teams and their captains is at: <http://www.ustanorcal.com/organization.asp?id=113>

FIFTY MIXED

Team registration began February 26th for the Fifty Mixed. This is a mixed doubles league for players who will be at least 50 years old by the end of 2007. The season starts April 30. This is about five weeks earlier than we started last year.



Go to the CTC website, chose "calendar" and you will have all the info on USTA you will need!!

Tournament Director

Get ready for the Cupertino Summer NTRP Classic by John Sperinde

Save the dates 8/11-8/12 and 8/18-8/19. Put them on your calendar so your significant others don't plan conflicting activities. I'm sure you wouldn't want to be traveling in some far off land and miss the opportunity to play and work this tournament.

Entries open 7/1; close 8/4. Playing levels are Men's/Women's 3.0-4.0 Singles; Men's/Women's 3.0-4.0 Doubles and Mixed 3.0-4.0 Doubles. Line up your doubles partners early before they make other plans. Many of you will want to be on the tournament

staff, both in planning and preparation and on the playing dates. You can get in touch with me at Tournaments@CupertinoTennisClub.org or just holler at me when you see me at the Sports Center.





SPINACH STRAWBERRY SALAD

Submitted by Satomi Muramatsu

Salad ingredients:

- 1 lb Spinach – bite size
- 3 oz Sliced Almonds
- 1 pint Strawberries – sliced
- 2 Tsp Sugar

Dressing:

- ½ cup Oil
- ½ cup Sugar
- ¼cup Cider Vinegar
- ¼ tsp Worcestershire Sauce
- ¼tsp Paprika
- 1 Tsp Poppy Seeds
- 2 Tsp Sesame Seeds

THE COOK'S CORNER

featuring our favorite retriever, Miss 'Meg. She has chosen a delicious salad for you this month. She could use a few more recipes, please.

PS: the guys are invited to join the to fun, too!

Heat sugar on high heat until it starts to melt. Add almonds; lower heat to low, stirring frequently until almonds are coated. (I heat the almonds first and then coat the almonds with sugar, stirring frequently until the almonds are coated.)

Spread on foil or wax paper. Cool, then break apart.

Mix all dressing ingredients together.

Toss salad with dressing when ready to serve.

If you enjoyed this recipe, please share your recipes as well. We need your help to keep this column in the newsletter. Thank you.

Retriever: noun. One who returns (as in the ball) over and over and over and over and

Tennis Tips From A Retriever

Retrievers get everything back! You know we do! Like me, *tennis retrievers* like to run and run and run and run. You have all played an opponent like me before. You probably WERE like me at one time or another. We get into our groove by getting everything back (pay attention now) from the *baseline*. I'll tell you what we retrievers like: we like you to get so frustrated that you start feeding us pace, bashing the ball at the baseline for that winner (oops, your ball is out again). Have you tried making us do what we don't like to do? How about drawing us to the net so we will have to volley? How about hitting down the middle so we can't move around so much? It just might work..... but don't be surprised if you have to hit three or four shots that would have been winners against other players before you (dare I say) get the point.

UP THE LADDERby Bob Gonzales, Ladder Coordinator

The weather is warmer and the skies are clearing. Your urge to play tennis is overwhelming. Why not start your climb up the **2007 SINGLES and DOUBLES Ladders?**

The season ends in October and prizes will be waiting for you.

Although the many men and women from the 2006 Ladder are still listed for 2007, everyone starts at zero points. Join them now and start the collecting those valuable points.

You play by

challenging someone or being challenged by another CTC member. Start by reviewing the **Ladder Rules** on the website. Test those players you have been wanting to play!

Club members wishing to get more competition in are urged to go to the CTC website, click on "Ladder", and follow directions for getting onto the Ladder. You can also send me an email * and I will add you to the Ladder(s)

you wish to join. Include your rating and an email address where challengers may contact you.

Matches are at your own agreed to times and locations. Scores are what we are interested in. Start sending them in now.

Current Ladder results will be posted in the Club's display case outside Court 2.

Tell your friends about the "LADDER"!

* Email Bob at Ladders@CupertinoTennisClub.org

Explaining **CTC WOMEN'S INTERCLUB** by May Matsuzaki, Ladies 3.5/4.0 Interclub coordinator and Grace Haig, Ladies 3.0/3.5 Interclub coordinator

CTC 3.0/3.5 ladies have scheduled matches with Cuesta, Almaden, LATC, the Villages, Los Gatos Swim & Racquet, Valley Church, University Club, Saratoga City TC, AVAC, Los Altos Golf & Country Club, Cupertino Hills and Sunnyvale TC.

CTC will play each club at least twice, once at home and once away. Some clubs enjoy the

social so much that they requested to play more than twice. Each match consists of at least 3-4 teams, but there have been times as many as 6 teams play, if courts are available. Everyone enjoys the off court social with lunch provided by the home team. There have been so many nice lunches with recipes for

the ladies to share. The 3.0/3.5 Interclub has scheduled at least 23 to 25 matches for the September-May season. Their home matches are on Friday mornings and away matches are according to the other club's schedule.

[Continued on page 6](#)

Explaining CTC Women's Interclubcontinued

The 3.5/4.0 Interclub has scheduled the following clubs at least twice:
Sunnyvale TC,
Saratoga CC,
University Club,
AVAC A-1 and A2,
Los Gatos Swim & Racquet A1 and A2,
Brookside, Almaden S&R A1 and A2,
Fremont Hills and Los Altos Tennis Club.

We have 3 to 5 teams playing at each interclub match. When there are extra ladies signed up for a match, we play a social foursome at CSC. They enjoy a friendly match and luncheon social. The lunches are always very, very nice. The CTC ladies are known to go out of

their way to provide special lunches for the team guests. AT least 25 matches are scheduled through the Interclub season which runs Sept thru May. Most of the matches, home and away, are scheduled for Thursday mornings. Who plays Interclub? Look on page 7!

Do you dream of publishing biographies of famous people? Do you enjoy hearing about the adventures of others? How about a column featuring a profile of one member each month? Any volunteers?

Need a 2007 Membership Form?

2007 Membership forms are easy to find. While you're checking out the website at www.cupertinotennisclub.org, select membership, click on membership application and print out your form. Want an even easier way to renew your membership? Simply click here now: <http://www.cupertinotennisclub.org/application2007.html> and print!

Got an idea? Have something to say? Want to create a monthly column? Want to give kudos to a CTC member? Maybe ask a question? Need a partner?

This is your space, this is your newsletter, this is where you call the shots. Take a moment and write about tennis, about friends, about

something that you would like to share with other members of your tennis community. Don't be

shy. Step up to the baseline and serve an ace right into my mailbox. Your participation is just a click away.

tennisdotnet@yahoo.com

Are you ready for the next task? Email me with the name of your favorite tennis pro.



A special THANKS to the ladies of CTC Interclub

Any typos you find are here solely for the entertainment of those who like to find them. Any errors or omissions are, of course, mine and if corrections are needed drop me a line.

Dotti

"The serve was invented so the net could play"

(Bill Cosby said that)

Dawn Kahng,
Marilee Adams,
Erna Arnesen,
Olga Baban,
Linda Bailey,
Donna Barreto,
Syneska Bendis,
Julie Brittis,
Jean Carvalho,
Casey Chesterfield,
Judy Davenport,
Elizabeth Davis,
Diane Detig,
Gayle Dilley,
Laura Gwosden,
Laura Hammer,
Arlene Hanson,
Jean Heinz,
Diane Ho,
Charlene Johnson,
Ellen Lee,
Doris Lehr,
Anne Leung-Stevens,
Bindu Rajani,
Laurie Roy,
Charlene Schill,
Lindsay Snyder,
Bethal Watt,
Mary Ann Weingartner,

Joyce Wiess,
Cindy Borkquist,
Prudy Brown,
Janel Canepa,
Janet Chang,
Gerry Crema,
Candace Danielson,
Anne Dudman,
Choe Hickman,
Claire Hirshfield ,
Ling Ho,
Sue Kim,
Jin Kongboon,
Laurie Laughlin,
Kathy Manchuk,
Joan Martin,
Marie McMahan,
Linda Morrone,
Satomi Muramatsu,
Carol Nakao,
Brenda Naras,
Junko Ohoka,
Diane Olsen,
Carol Preiska,
Dotti Rado,
Cosie Sasaki,
Marie Shrodes,
Emi Suzuki,
Emily Thacker,

Kathy Wheeler,
Ellis Wilkens,
Sue Williams,
Georgianna Wong,
Norimi Yamaya, and
Amy Yoo.

And, for their hard work and dedication to making Ladies Interclub one of the best tennis activities at CTC: Grace Haig and May Matsusaki – you've done a smashing good job!!!



A new game in town: Santa Clara Open, NTRP and Family

Start getting tournament tough. Enter the Santa Clara University Open. Sign up closes on March 20.

Divisions offered include:

* Men's/Women's Open Singles,
*Men's/Women's/Mixed Open Doubles
*Men's/Women's 2.5-5.5 Singles
*Men's/Women's/Mixed 2.5-5.5 and Family Doubles:

*Father/Son;
*Father/Daughter;
*Mother/Son;
*Mother/Daughter.

Call 408-429-0783 or email jscalese@scu.edu